

# FREQUENCY AND ESSENTIAL OILS

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**According to researchers in Washington using Tainio Technology the vibrational frequency of essential oils are the highest of any natural substance known to man. Through the principle of entrainment the oil's higher frequency will raise the vibratory quality of that individual.**

When we first hear frequency and vibrations we can easily say that this is not Biblical and we can dismiss this as New Age nonsense, but when we read the Bible we can definitely find proof that this is a fact.

When God (YHWH) created the He spoke everything into being and this is where we find out that science belongs to God.

There is nothing that Satan can create. He can only take that which God has made and twist it to suite his purpose. This is also true when it comes to science.

Albert Einstein said it best when he said: "Everything is energy." We literally live in a sea of vibration! Four out of our five senses—sight, sound, touch, and taste—receive sensory data from the environment which is transferred through the nervous system to the brain. At the brain level, data is interpreted based on our mental schemas or mental filters (i.e., beliefs). For example, when a person hears a dog barking, that bark is really a sound vibration that the ears receive and then they send that signal to the brain where the person perceives the sound to be from a dog.



**Everything is alive, connected and changing, yielding its own life force and frequency. This flow of energy can be quantified, typically measured in units called hertz.**



## “If you want to find the secrets of the universe, think in terms of energy, frequency and vibration.” Nikola Tesla

At the smallest level of our reality, everything is ultimately made of molecules. Not just molecules, but molecules in motion.

Everything has a vibrational frequency, including you, me, your table, the neighbor's cat, and of course, essential oils.

The really interesting part? Not only can frequency be measured, it can be changed.

Frequency refers to a measurement. Specifically, the rate at which vibration occurs.

The frequency of the human body can be measured in a number of ways, but usually a specialized tool called a **biofeedback** machine.

On average, the healthy human body has a frequency of 62 to 72 megahertz (MHz). Different things we come in contact with can raise or lower this frequency. For example, if you're feeling under the weather and have the sniffles due to a minor bug, your body frequency might be a tiny bit lower than usual.

Remember, everything has frequency, including what we put on or in our body. A great example is food. The canned or processed stuff can have a frequency close to zero... but fresh produce can reach 15 MHz.

### How Essential Oils Can Raise Your Frequency

As it turns out, essential oils tend to have very high frequencies, generally ranging from 52 MHz to 320 MHz. Some have claimed that essential oils have the highest frequency of any organic substance available.

Rose oil is typically cited as the highest frequency essential oil, resonating at 320 MHz

The frequencies of some common essential oils are...

- Frankincense: 147 MHz
- Lavender: 118 MHz
- Sandalwood: 98 MHz
- Peppermint: 78 MHz
- Basil: 52 MHz

### How do you benefit from essential oils?

You don't have to do anything “special.” All you have to do is use them just like you (probably) already are.

1. Diffuse in a diffuser
2. Apply topically
3. Ingest them via a veggie cap



## Raising vibrational frequency in the body

Raising vibrational frequency in the body has been believed to have various benefits ranging from preventing viruses, bacteria, and fungi to improving physical, mental, and emotional well-being to protecting against serious diseases like cancers. Essential oils are supposed to have the highest vibrational frequency of anything that exists in nature.

Every living and nonliving thing in the world vibrates at its own specific frequency. This includes humans as well. Different cells in the human body vibrate at different frequencies to form the body's very own song.

Positive thinking and acts can increase the body's electrical frequency levels and negative emotions, in contrast, can decrease the levels of the body's frequency. Trauma and negative thinking can lower the frequency of the body, even the material and clothes that you wear can lower your body's frequency.

This is also why the Bible says to wear linen or wool. Linen and wool raises the frequency of the body, however by wearing them together lowers the frequency of the body as they cancel one another out. So it has been showed that wearing linen may improve your overall health and mood.

The higher we are vibrating, the more energy, stamina, health and happiness we are going to have.

When someone says they wish to 'raise their frequency', this simple means that they wish to increase their vibrational frequency to such a level that allows them to reach a state of healing.

You can not be allergic to an essential oil because it does not contain a protein or peptide in it but you can have a reaction like I just mentioned. So if you find you get a headache, rash or other symptom when using an essential oil maybe you just aren't ready for that high of frequency. Try using an essential oil that is a bit lower in frequency and use less or dilute with a carrier oil.

## Final word

The way we care for our body changes our frequency. The food we eat, the amount of sleep we get, and our stress levels have a huge impact. When our body gets run down or sick our overall frequency decreases.

The higher we are vibrating, the more energy, stamina, health and happiness we are going to have. God has given us numerous tools to do this so that we can be healthy.